

The Cycle of Fourths

Why the Cycle of Fourths?

Learning and using the cycle of fourths is key to using this book. The skills list is set up to use the cycle and your success is based on your ability to integrate it into your practice and approach. Learning this way is smart because chord progressions often move in fourths. If you learn guitar skills in this manner, when you start playing songs (applying skills) you will already "know" how to play (and hear) most of the music!

To play around the cycle in ascending fourth movements, start at any point in the cycle and play each note or chord moving in a counterclockwise direction.

The cycle **MUST** be memorized! If you have trouble thinking of it in a cycle, think of it linearly using memory tricks to aid you:

B E A D | G C F | B \flat E \flat A \flat D \flat | G \flat

